

USPFC BASKETBALL 3X3-2026

GUIDING BODIES

United States Police and Fire Championships (USPFC)
7944 Convoy Ct., San Diego CA 92111
Tele. (858) 571-9919; FAX: (858) 571-1641; E-mail: 4info@cpaf.org

EVENTS

MEN: 18+, 50+

WOMEN: 18+

Half Court - Maximum of 6 players on a team, plus a non-playing coach.

Team Creation Deadline: May 1, 2026

EQUIPMENT

Basketballs: Host shall provide one game ball in new or very good condition for each court. If balls are new, allow for some practice with those balls, as new balls are often slippery. Each team is responsible for providing their own practice balls.

Timekeeping Equipment: A game clock and a 30-second shot clock that are visible to players, coaches and officials.

Scoreboard: Electronic scoreboards should be used when available. If not available, then flip-type scorecards shall be used.

Bracket Charts: Large bracket charts shall be clearly posted at each venue and updated so that the competitors will know where and when they are scheduled to play their next game.

Miscellaneous Equipment: Pencils, clipboards, scorebooks, chairs, and seating for competitors. Water and/or liquid refreshments shall be provided by the Host for competitors.

BRACKETS

Round Robin (Pool Play) followed by Single Elimination tournament.

If there are fewer than 8 teams, Round Robin tournament will determine medal winners.

SCHEDULING

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Schedule for four (4) days of competition. Allow for 90 minutes per game. There is a fifteen (15) minute forfeit rule in effect.

GENERAL SPORTS RULES for Basketball 3x3

Each team shall designate an individual to function as the team captain during each game (refer to General Sports Rules).

NOTE: A Non-Playing Coach is not restricted by age or gender requirements and may be a player in another sport. A Sworn Non-Playing Coach can receive a medal only if he/she has registered, participates as a coach and meets the USPFC rules of eligibility (refer to General Sports Rules).

A team will have a maximum of three (3) players on the court and a minimum of two (2) players on the court during play. A team will forfeit the game if there are not two (2) players on the court. A team must have three (3) players on the court to start a game or a forfeit will be called.

All competitors must wear a uniform. Each team's uniforms shirts must be numbered and identical in color.

Each game will consist of two 20-minute, running time halves. The clock will be stopped during time-outs. A stop clock shall be utilized during the last two minutes of each game and will be stopped on each dead-ball situation. The first team to reach 75 points will be declared the winner.

Prior to each team's first game, a meeting shall be held between the referee and the coach of each participating team to verify the rules of play and conduct.

NOTE: Any serious violation of conduct, such as fighting or violence toward players or officials, will result in the player(s) immediate ejection from that game and his/her automatic suspension from his/her team's next scheduled game. The event coordinator will immediately notify the USPFC, which will investigate each incident to determine if additional discipline is to be imposed.

The game will begin with a jump ball at the free throw line. The team winning possession of the ball must clear it behind the clearance line. Possession then alternates between the teams.

Each player is allowed up to 5 personal fouls (5th foul removes player from game). Free throws will be awarded with the 8th team foul of each half (all shooting fouls result in free-throws).

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Beginning with the 10th Team foul in each half, two free throws are awarded for each common foul; and the game clock shall be stopped during these free throws.

Changing ends (clearing): The ball must be "cleared" (taken outside the marked area 28 feet from the baseline) each time possession changes and before a shot may be taken. A ball that is merely touched or deflected by the defense does not have to be cleared. Goals made without properly clearing the ball will be awarded to the opposing team (as if shooting at the wrong basket). Clearing the ball requires that the entire player with the ball, and the ball must clear the line.

Inbounding the ball: Putting the ball in play will be controlled by the official. Most balls will be inbounded at center court to have the effect of bringing the ball down court. The ball will be inbounded at the following points:

- 1) **Center Court**-after all goals, any violation by the offense, or a ball goes out of bounds and is awarded to the defense. The player inbounding the ball must be standing inside the center court jump circle.
- 2) **Nearest Point**-after a ball goes out of bounds and awarded to the offense, non-shooting defensive fouls.

There is a 3-point shot in 3 on 3. New regulations increase the distance to 22' 1 ¾" for Men and 20' 9" or Women.

Each team is entitled to five (5) charged time-outs during a regulation game. Each team is entitled to one (1) additional time-out during each overtime period. Time-outs are 75 seconds in duration.

RESET OF SHOT CLOCK: Shot clock will be reset to 20 seconds when a shot hits the rim and possession is regained by the offense in the front court.

OVER TIME: If a game ends in a tie score there will be a 5 minute overtime period. The overtime period will begin with a jump ball at the free throw line to determine possession. The score at the end of overtime is final unless there is a tie, then another overtime period is played. The first three minutes of each overtime period is running time. The last two minutes of each overtime period is stop clock.

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AWARDS

A maximum of 35 sets of medals (1st through 3rd place) will be needed. USPFC will advise you of the number of sets needed based on total entries, plus a reasonable margin.

ATTENTION COORDINATORS

**THE GENERAL RULES APPLY TO ALL SPORTS.
YOU MUST BE FAMILIAR WITH ITS CONTENTS.**

**PRECISE RESULTS MUST BE FORWARDED
TO THE HOST COMMITTEE IMMEDIATELY FOLLOWING THE
CONCLUSION OF THIS SPORT**

The USPFC Director assigned to your sport is knowledgeable and experienced in providing assistance during the preparation and running of the sport. Questions, a detailed accounting of your preparations, and any area requiring approval of the USPFC shall be submitted in a timely manner to this USPFC Director.

The USPFC Directors want to work with you to make your sport a success.
PLEASE USE THE USPFC DIRECTORS AS A RESOURCE.