

USPFC BASKETBALL 5 on 5-2026 – Page 1

GUIDING BODIES

United States Police and Fire Championships (USPFC)
7944 Convoy Ct., San Diego CA 92111
Tele. 858.571.9919; FAX: 858.571.1641; E-mail: 4info@cpaf.org

National Collegiate Athletic Association (NCAA)
PO Box 6222, Indianapolis, IN 46206-6222
Tele. 317.917.6222 FAX: 317.917.6888
Website: www.ncaa.org

EVENTS

TEAM – OPEN (18+): MEN
 WOMEN

A Team consists of a maximum of 12 players plus 1 non-playing coach

Team Creation Deadline: May 1, 2026

EQUIPMENT

Basketballs: Host shall provide one game ball for each court. If balls are new, allow for some practice with those balls, as new balls are often slippery. NOTE: the ball used for the Women's event will be the official size as designated by the NCAA for Women's competition.

Each team is responsible for bringing its own practice balls.

Timekeeping: An electronic game clock and a 30 second shot clock shall be used at each court for each game.

Scoreboard: Electronic scoreboards must be used in all games.

Miscellaneous equipment: Pencils, clipboards, scorebooks, chairs, and seating for competitors. Water and/or liquid refreshments shall be provided by the Host for the competitors.

Bracket charts: Large bracket charts shall be clearly posted and updated at each venue so that the competitors will know where and when they are scheduled to play their next game.

BRACKETS

Round Robin (Pool Play) followed by Single Elimination tournament.

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If there are fewer than 8 teams, Round Robin tournament will determine medal winners.

SCEDULING:

Schedule for 5 days of competition.

Allow for 2 hours per game. There is a 15-minute forfeit rule in “5 on 5”.

GENERAL SPORTS RULES for Basketball 5x5

Each team shall designate an individual to function as the team captain during each game (refer to General Sports Rules).

A Non-Playing Coach may be of either sex. A Sworn Non-Playing Coach may receive a medal only if he/she has registered, participates as a coach and meets the USPFC rules of eligibility (refer to General Sports Rules).

Competitors who wish to play on an Open (18+) 5-Man/Woman team may do so regardless of their age. 18+, 30+, 40+ and 50+ men/women may compete in both the 5-Man/Woman Team event and the 3 on 3 Unisex event. If a conflict in games' schedules occurs due to a competitor entering both sports, the competitor must choose the event he/she will compete in. The Host shall not adjust game schedules to accommodate individual competitors/teams. The Host will not refund entry fees due to this scheduling conflict.

Each game will consist of two twenty (20) minute halves. The game clock will be stopped on all dead ball situations.

3 POINT SHOT: New regulations increase the distance to 22' 1 ¾" for Men and 20' 9" for Women.

RESET OF SHOT CLOCK: Shot clock will reset to 20 seconds when a shot hits the rim and possession is regained by the offense in the front court.

A team must begin the game with five (5) players, but if it has no substitutes to replace disqualified players, it must continue with fewer than five (5). When there is only one player participating for a team, the team shall forfeit the game.

All competitors must wear a team uniform. Uniform shirts must be numbered and identical in color.

Prior to each teams' first game, a meeting must be held between the referees and the coach and captain from each participating team to clarify rules and conduct of play.

Any serious violation of conduct, such as fighting or violence toward players or officials will result in the player(s) immediate ejection from that game and his/her automatic

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suspension from his/her team's next scheduled game. The sport coordinator shall immediately notify the USPFC, who will investigate each incident to determine if additional discipline is to be imposed.

NOTE: Basketball is a very physical game. The referees shall be briefed by the Host Sport Coordinator regarding the USPFC Rules of Conduct (refer to General Sports Rules).

An NCAA Basketball Rule Book must be available at all venues.

AWARDS

A maximum of 26 sets of medals (1st through 3rd place) will be needed. All registered team members of the placing teams, who are present at the event, receive medals. USPFC will advise you of the number of sets needed based on total entries, plus a reasonable margin.

ATTENTION COORDINATORS

**THE GENERAL RULES APPLY TO ALL SPORTS.
YOU MUST BE FAMILIAR WITH ITS CONTENTS.**

**PRECISE RESULTS MUST BE FORWARDED
TO THE HOST COMMITTEE IMMEDIATELY FOLLOWING THE
CONCLUSION OF THIS SPORT**

The USPFC Director assigned to your sport is knowledgeable and experienced in providing assistance during the preparation and running of the sport. Questions, a detailed accounting of your preparations, and any area requiring approval of the USPFC shall be submitted in a timely manner to this USPFC Director.

The USPFC Directors want to work with you to make your sport a success.

PLEASE USE THE USPFC DIRECTORS AS A RESOURCE.