

USPFC MARATHON (HALF & FULL)-2026

GUIDING BODIES

United States Police and Fire Championships (USPFC)

7944 Convoy Court, San Diego CA 92111

Tele. (858) 571-9919; E-mail: 4info@cpaf.org

U.S.A. Track & Field, One RCA Dome, Suite 140, Indianapolis, IN 46225

Tele: 317.261.0500 FAX: 317.261.0513 website: www.usatf.org

Entry Deadline: May 1, 2026

EVENTS

INDIVIDUAL: Men and Women: 13.1 Miles

INDIVIDUAL: Men and Women: 26.2 Miles

Men's and Women's Individual events will be offered in the following age categories:

18-29	45-49	65-69
30-34	50-54	70-74
35-39	55-59	75-79
40-44	60-64	80+

Men's and Women's Weight events will be offered in the following age categories:

Men (225 lbs. and above): 18-39, 40+

Women (165 lbs. and above): 18-34, 35+

Half Marathon Team (Up to 4 people):

Men & Women:

18-29
30-39
40-49
50-59
60+

Marathon Team (Up to 4 people):

Men & Women:

18-29
30-39
40-49
50+

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A team consists of a maximum of 4 runners (best 3 scores to count). At least 3 Team members must complete the course for the Team to be eligible for medals. The aggregate score of the best three times determines the Team score. If a placing Team has 4 team members, the fourth team member may only receive a medal if they complete the race.

To run on a Team, competitors must also enter the Individual event. Competitors in both events are scored by the result of one race.

EQUIPMENT

Tables for water stops

Chairs

Paper cups

Water and "Gatorade"

Starting pistol and ammunition

Numbers for competitors / safety pins

Follow car or bicycle

Communication system; portable radios

P.A. System for Announcer

Fruit, high energy foods and ample water for all competitors must be at the finish line.

Maps of Course:

To be sent to competitors prior to competition. (Maps should indicate location of all water stops.) At check-in, a large map of the course indicating mile markers showing the 1, 3, 6 mile and half-way point can be extremely helpful.

Finish line equipment (if not contracted): The finish chute shall be at least 30 feet long and well-marked with flags.

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GENERAL SPORT RULES

All competitors will be issued a front Bib number and an age group number for their back.

Lead Follow Vehicle: If a vehicle cannot be utilized, bicycles may be used for this purpose.

Starting Time: The weather will play a large part in establishing a starting time. The recommended starting time is 0700 hours but can be adjusted to fit the circumstances. Once a time has been established, it shall not be changed except to adjust it later in case of hazardous conditions.

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AWARDS

A maximum of 136 sets (1st through 3rd place) of medals will be required for this event. 68 sets for Half Marathon; 68 sets for Marathon. USPFC will advise you of the number of sets needed based on total entries, plus a reasonable margin.

ATTENTION COORDINATORS

THE **USPFC GENERAL RULES** APPLY TO ALL SPORTS.
YOU MUST BE FAMILIAR WITH ITS CONTENTS.

PRECISE RESULTS, ON FORMS PROVIDED, MUST BE FORWARDED
TO THE HOST COMMITTEE IMMEDIATELY FOLLOWING THE
CONCLUSION OF THIS SPORT

The USPFC Director assigned to your sport is knowledgeable and experienced in providing assistance during the preparation and running of the sport. Questions, a detailed accounting of your preparations, and any area requiring approval of the USPFC shall be submitted in a timely manner to this USPFC Director.

The USPFC Directors want to work with you to make your sport a success.

PLEASE USE THE USPFC DIRECTORS AS A RESOURCE.